



All proceeds will benefit Rockingham Memorial Hospital Breast Cancer Treatment

10th Annual Race to Beat Breast Cancer 5K Run/Walk



Basic Information:

The top three in each age division receive a race medal. (-17, 18-29, 30-39, 40-49, 50-59, 60+)

Refreshments provided before and after the event.

T-shirts will be provided to the first 500 pre-registered. (500 person field limit).

T-shirt sizes are not guaranteed after Oct. 10th. (T-shirts will not be ordered after Oct. 10th).

Door Prize/Raffle Drawing for participants.

Race Packet pick-up will be available the Friday prior to the race.

Race Day Times:

7:00 a.m. —Race Facility Opens

9:00 a.m. —Introductions and Cancer Survivor Testimonials

9:30 a.m. —5K Runners Start, Walkers Start After

Mail-in or Drop-off Registration:

305 South Dogwood Drive, Harrisonburg, VA, 22801. Attn: Erik Dart or Tim Moubray.

Please make checks payable to: Rockingham Memorial Hospital. Please specify "Bace to Beat Breast Cancer" in the "for" section of your check.

Online Registration:

Go to <u>www.active.com</u> and search 10th Annual Race to Beat Breast Cancer.

Registration ends 0ct. 19th. There will be no race-day registration.

<u>Directions</u>: From I-81, take exit 245 (Port Republic Rd.). Go West onto Port Republic Road, (toward JMU). Continue straight on Port Republic Road, cross over Rt. 11, (S. Main Street). When you cross Rt. 11, Port Republic Road becomes Maryland Avenue. Continue straight on Maryland Avenue and cross over Rt. 42 (S. High Street). After crossing Rt. 42, take the second right onto Dogwood Drive. Stay on Dogwood for about 1/2 mile until you see Westover Park on the left. Turn into Westover Park and the Community Activities Center will be straight ahead. If you have any problems, call (540) 433-9168.

Sign-Up Form Title

Name			Address	Sign up for:	Early Registration	Late Registration (After: 10/12/12
				5K Run	\$20	\$25
Group (if applicable)			Address (con't)	5K Walk	\$20	\$25
				5K Run (Group Discount)	\$15	\$15
Age	Gender	T-shirt Size	Phone	5K Walk (Group Discount)	\$15	\$15
, .go	Condo				(No Refunds)	
Signature and Waiver Acknowledgement			Email	Minimum of 5 for group dis	Subto	otal:

Waiver: I hereby release the City of Harrisonburg, its employees, and volunteers from all claims for damages arising from any accidents or injury, which are caused by or arise from the participation of the above name applicant during any program or in any facility or at any location where this program is held. I grant permission to use my photo in promotional material to promote the Race to Beat Breast Cancer 5K.

Minimum of 5 for group discount such as businesses, teams, clubs, sports, fraternities, sororities, civic organizations, etc.* Subtotal:

Additional
Donation:

Total: